

Coaches Web Site

Dear Coach,

In an effort by the MS Tennis Association to reach out to and provide assistance to high school coaches across the state, we are pleased to announce that we have contracted with Club and Tennis Resort Services to allow free access to a coaching website. The MS Tennis Association has funded this opportunity for you and we sincerely hope that you will log on and use this site to help you and your team!

Sincerely,

Russell Dendy, Junior Programs Director

Mississippi Tennis Association

FREE Access to www.highschooltenniscoach.com
“The Resource for Tennis Coaches”

Drills * Team Practice Formats * Lesson Plans * Coaches Forum

Some of the highlights include:

- ❖ Access to over **400 diagramed drills** and **100 video clips** in easy to use categories with search capabilities and over **150 lesson plans** for your team practices, lessons, clinics, and camps.
- ❖ Your school will also have access to separate lesson plans, study guides, and tests designed specifically for PE Classes.
- ❖ View samples of actual **college practices** including topics, time spent on each area, and comments from the coach.
- ❖ Access to the **Match Coaching Forum**. Learn what the top college coaches say to their players before and after matches.
- ❖ Access to the **Mental Game Forum**, which offers tips and ideas from sports psychologists.
- ❖ Draw sheets, double elimination brackets, and tournaments formats.
- ❖ Access to the **Line Up Maker**, which will give you tips on how to arrange your line up.
- ❖ **New and innovative materials added each month**. With your subscription you will be able to copy, print or download drills, lesson plans, handouts, fitness information, and much more.

2 easy steps to get started:

- 1) Contact Russell at the MTA office at 1-800-349-1683 or email him at russelld@mstennis.com to get your username and password.
- 2) Then log on to www.highschooltenniscoach.com and get started!