



Junior Recreational Program
Manual
For
Community Tennis
Associations

Preface

Many CTA's want to establish an on-going junior recreational program to develop tennis in their communities. This manual is written to assist those CTA's with their programs.

The steps outlined in this manual represent an optimum program but every step is not required to develop a successful program.

MTA staff is available to assist every CTA in developing their own junior recreational program. We can assist with Kick-Off Carnivals, Physical Education Teacher training, USTA 1-2-3 curriculum guides, Sample Flyers, and information about grants available to assist you. Please contact us.

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Phone Number – 601-981-4421 in Jackson area or
1-800-349-163 outside of Jackson area.



Step One

Physical Education teachers are trained to offer a basic teaching unit on tennis for all school children

- Contact MTA to arrange for the training session.
- Invite all physical education teachers to attend the training.
- Target upper elementary & middle school teachers.
- Upon completion of training, teachers have the opportunity to receive discounted tennis equipment, as well as free curriculum guides to those schools that join the USTA as an organizational member.
- Ask teachers to offer their unit to the students several weeks prior to the start of a follow-up Junior Recreational Program.
- Ask teachers to distribute flyers announcing the follow-up program.
- If CTA funds are available, provide teachers with additional teaching aids such as foam balls, portable nets, etc.

Step 2

Organize a Junior Recreational Program at public and private facilities

- Line-up instructors and volunteers. If available, use CTA funds to pay a coordinator of the program.
- Advertise Sign-Up Day/Carnival – Contact MTA for assistance.
- Form groups of 6-8 by age and ability.
- Schedule 4-6 weeks of instruction/play. Offer spring, summer, & fall sessions.
- Ask instructors to use USTA Tennis 1-2-3 or USPTA/USPTR beginner curriculum that incorporate instruction with low-level competition such as rally ball or Quickstart.
- If funds are available, provide balls, equipment, refreshments, etc.

- Keep player rosters (names, addresses, DOB, phone numbers, school) to build a data base of players. Provide copy to MTA.

Learn & Play

Step 3

USTA Junior Team Tennis

Competitive League Program for Juniors

- Form teams of beginner, intermediate and advanced level players (3.0 and above) to compete in regional leagues.
- Existing leagues in Jackson, Delta, Pine Belt, Northeast, Gulf Coast.
- Teams are composed of male & female singles, male and female doubles, & mixed doubles players, similar to High School inter-scholastic play.
- Winning teams advance to state, sectional & national championship tournaments.
- Teams are registered in Tennis Link and scores are reported, similar to USTA Adult League. Training/Assistance available by MTA (Russell Dendy).
- Cost – \$18.00 USTA membership (if not already a member), \$14.50 league fee, plus whatever you put on top of that to pay a coordinator.

